Emergency & Crisis Resources

(In case of an emergency please dial 911)

Child Abuse and Neglect

St. Joseph County

The CASIE Center
(574) 282-1414
https://www.casiecenter.org/
Provides a comprehensive and coordinated multidisciplinary team approach to the problem of child abuse, with emphasis on sexual abuse.

Child Abuse Protection Services (CPS)
(574) 232-3042

Statewide

DCS Child Abuse and Neglect Hotline
800-800-5556 (24-hour hotline)

National

CDF National Office (Children’s Defense Fund)
202-628-8787
cdfinfo@childrensdefense.org
Provides advocacy, programs, and tools to help children reach their full potential.

National Hotline: via Child Help
800-4A-CHILD
https://www.childhelp.org/hotline/-800-4A-CHILD
Serves U.S. & Canada, 24/7/365, 100+languages.

Child Care

Statewide

Early Childhood Alliance (ECA)
1-800-423-2501 or (260) 745-2501
https://www.ecalliance.org/
Early Childhood Alliance is a non-profit organization serving the early education needs of children across northern Indiana. Our services include: on-site early care and education.

Saint Joseph County

Healthy Families SJC
(574) 287-0541
300 S St Louis Blvd Suite 100, South Bend, IN 46617
Healthy Families helps parents of newborn babies or expectant parents by offering support and information about child development and what to expect as a new parent.
Interpersonal Violence

Elkhart County
Domestic Violence, Sexual Abuse, Sexual Assault, and Rape
YWCA (Elkhart)
866-YES YWCA (24/7 hotline)  574-294-1811 *En Espanol, non-emergency
https://www.ywcancin.org/who-we-are/ywca-elkhart-county/programs-and-services/
Programs and services for women (and their children) who have been abused; provides shelter, meals, services, programs, counseling, job readiness, counseling, referrals, and more.

Elkhart County Women’s Shelter (Elkhart)
574-294-1811
http://ifitelkhart.webs.com/ecws.htm
Programs and services for women (and their children) who have been abused; provides shelter, meals, services and programs, and a non-public/hidden address of shelter.

Saint Joseph County
Domestic Violence, Sexual Abuse, Sexual Assault, and Rape
Center for Positive Change (South Bend)
574-360-4066
https://www.centerforpositivechange.org/
Has batterer’s intervention groups for men and women as well as many other services.

S-O-S of the Family Justice Center (South Bend)
574-289-4357 (24/7 hotline)
https://fjcsjc.wordpress.com/programs-and-services/
Can help with safety planning and assessments, advocacy and support, crisis intervention, protective order assistance, referrals (counseling, legal, shelter, medical care, financial support, etc.), and much more. *En Español

YWCA (South Bend)
866-YES-YWCA (24/7 hotline)
Services for domestic violence and sexual assault; shelter available.

National
National Domestic Violence Hotline *En Español
https://www.thehotline.org/
800-799-7233  1-800-787-3224 (TTY)

National Human Trafficking Hotline
888-373-7888 (Hotline)  233733 (Text Line)
https://humantraffickinghotline.org/
Information and resources for human trafficking. *En Espanol
Suicide Prevention
(If there is a crisis, please call 911 or go to one of the hospitals listed on page of the Community Resource Guide.)

Elkhart County
Crisis Distress Center (will transfer call to Mishawaka and South Bend locations)
574-283-1234 (24-hour Oaklawn Access Center)
If they cannot help, they will help find the resources that are needed.

St. Joseph County
United Health Services: Suicide Prevention Center (Granger)
574-314-5426
www.SJCSuicidePrevention.org
Support groups for survivors who have lost a loved one to suicide, as well as Complicated Grief Counseling for those suffering from a suicide loss.

Statewide Hotline
Zero Suicide Initiative: Community Health Network
800-273-8255 (Hotline) 741741 (text “IN”)
Crisis hotline and chatline for psychiatric emergencies in the state of Indiana; trained staff.

National Hotline
National Suicide Prevention Hotline
800-273-8255 (24/7/365)
https://suicidepreventionlifeline.org/
Information, resources, and 24/7 confidential suicide prevention hotline. *En Espanol 741741 (text “help”)
https://www.crisistextline.org/
Chatline for an individual in crisis to confidentially text a crisis counselor.

Addiction Resources

Elkhart County
AA (Alcoholics Anonymous) (Michiana)
574-324-7007 (Hotline)
http://www.michianasober.org/
Michiana Chapter of Alcoholics Anonymous.
Addictions Recovery Center, Inc. (Elkhart and Goshen)
574-807-8690
http://www.arcenters.com/
Outpatient services, assessments, counseling, and education regarding substance abuse.
NA (Narcotics Anonymous) (Michiana)
888-467-3527
http://www.naindiana.org/ShowArea.php?iAreaID_req=12
For those struggling with drug addiction

YWCA North Central
866-YES-YWCA (Hotline)
574-294-1811
http://www.ywcancin.org/
Provides addiction and self-sufficiency services for women and children; shelter available.

St. Joseph County
AA (Alcoholics Anonymous) (Michiana)
574-234-7007 (Hotline)
http://www.michianasober.org/
Michiana Chapter of Alcoholics Anonymous.
Addictions Recovery Center, Inc. (South Bend)
574-807-8690
http://www.arcenters.com/
Outpatient services, assessments, counseling, and education regarding substance abuse.

Al-Anon (Alcoholics-Anonymous) (Michiana)
574-236-5736
https://www.michianaalanon.org/
Support for families, partners, and children of loved ones in AA and/or struggling with addiction.

Alcohol and Addictions Resource Center (South Bend)
574-234-6024
https://aarcinfo.org/
Provides education, services, programs, resources (inpatient, outpatient, meetings, etc.), assessments, and more regarding substance abuse (alcohol and drugs) for the individual as well as family and friends.

Center for Positive Change (South Bend)
574-360-4066
https://www.centerforpositivechange.org/
Individual and group services for substance abuse.

NA (Narcotics Anonymous) (Michiana)
888-467-3527
http://www.naindiana.org/ShowArea.php?iAreaID_req=12
For those struggling with drug addiction
YWCA North Central (South Bend)
   866-YES-YWCA (Hotline)
   574-294-1811
   http://www.ywcanin.org/
   Provides addiction and self-sufficiency services for women and children; shelter available.

National

Center on Addiction
   212-841-5200
   https://www.centeronaddiction.org/

SAMHSA (Substance Abuse and Mental Health Services Administration)
   877-726-4727
   https://www.samhsa.gov/
   Information and resources for a variety of mental health concerns. *En Espanol