# Table of Contents

- Emergency & Crisis Resources  
  (Child Abuse & Neglect, Child Care, Interpersonal Violence, Suicide Prevention)  
  pg. 1

- Addiction Resources  
  pg. 3

- Career & Vocational Resources  
  pg. 5

- Financial & Family Resources  
  pg. 6

- Food Insecurity Resources  
  pg. 8

- Housing Insecurity Resources & Shelters  
  pg. 9

- Legal Resources  
  pg. 12

- LGBTQ+ Resources  
  pg. 12

- Medical Resources: Mental Health & Local Hospitals  
  (Grief & Bereavement, Hospitals & Health Centers, Mental Health)  
  pg. 13

- Multi-Cultural Resources  
  pg. 18

- On-Campus Resources  
  (Academic Center for Excellence, Career Services, Center for a Sustainable Future, Civil Rights Heritage Center, Community Engagement, Emergency Relief Fund, Health & Wellness Center, Institutional Equity & Inclusive Excellence, Student Counseling Center, Titan Success Center, Titans Feeding Titans Food Bank, Office of Disability Support Services, & Office of Veteran Student Services)  
  pg. 21

- Transportation Resources  
  pg. 23
Emergency & Crisis Resources
(In case of an emergency please dial 911)

Child Abuse and Neglect

St. Joseph County
The CASIE Center
(574) 282-1414
https://www.casiecenter.org/
Provides a comprehensive and coordinated multidisciplinary team approach to the problem of child abuse, with emphasis on sexual abuse.

Child Abuse Protection Services (CPS)
(574) 232-3042

Statewide
DCS Child Abuse and Neglect Hotline
800-800-5556 (24-hour hotline)

National
CDF National Office (Children’s Defense Fund)
202-628-8787
cdfinfo@childrensdefense.org
Provides advocacy, programs, and tools to help children reach their full potential.

National Hotline: via Child Help
800-4A-CHILD
https://www.childhelp.org/hotline/-800-4A-CHILD
Serves U.S. & Canada, 24/7/365, 100+languages.

Child Care

Statewide
Early Childhood Alliance (ECA)
1-800-423-2501 or (260) 745-2501
https://www.ecalliance.org/
Early Childhood Alliance is a non-profit organization serving the early education needs of children across northern Indiana. Our services include: on-site early care and education.

Saint Joseph County
Healthy Families SJC
(574) 287-0541
300 S St Louis Blvd Suite 100, South Bend, IN 46617
Healthy Families helps parents of newborn babies or expectant parents by offering support and information about child development and what to expect as a new parent.
Interpersonal Violence

Elkhart County
Domestic Violence, Sexual Abuse, Sexual Assault, and Rape
YWCA (Elkhart)
866-YES YWCA (24/7 hotline)  574-294-1811 *En Espanol, non-emergency
https://www.ywcancin.org/who-we-are/ywca-elkhart-county/programs-and-services/
Programs and services for women (and their children) who have been abused; provides
shelter, meals, services, programs, counseling, job readiness, counseling, referrals, and
more.

Elkhart County Women’s Shelter (Elkhart)
574-294-1811
http://ifitelkhart.webs.com/ecws.htm
Programs and services for women (and their children) who have been abused; provides
shelter, meals, services and programs, and a non-public/hidden address of shelter.

Saint Joseph County
Domestic Violence, Sexual Abuse, Sexual Assault, and Rape
Center for Positive Change (South Bend)
574-360-4066
https://www.centerforpositivechange.org/
Has batterer’s intervention groups for men and women as well as many other services.

S-O-S of the Family Justice Center (South Bend)
574-289-4357 (24/7 hotline)
https://fjcsic.wordpress.com/programs-and-services/
Can help with safety planning and assessments, advocacy and support, crisis intervention,
protective order assistance, referrals (counseling, legal, shelter, medical care, financial
support, etc.), and much more. *En Español

YWCA (South Bend)
866-YES-YWCA (24/7 hotline)
Services for domestic violence and sexual assault; shelter available.

National
National Domestic Violence Hotline *En Español
https://www.thehotline.org/
800-799-7233  1-800-787-3224 (TTY)

National Human Trafficking Hotline
888-373-7888 (Hotline)  233733 (Text Line)
https://humantraffickinghotline.org/
Information and resources for human trafficking. *En Espanol
Suicide Prevention

(If there is a crisis, please call 911 or go to one of the hospitals listed on page of the Community Resource Guide.)

Elkhart County

Crisis Distress Center (will transfer call to Mishawaka and South Bend locations)
574-283-1234 (24-hour Oaklawn Access Center)
If they cannot help, they will help find the resources that are needed.

St. Joseph County

United Health Services: Suicide Prevention Center (Granger)
574-314-5426
www.SJCSuicidePrevention.org
Support groups for survivors who have lost a loved one to suicide, as well as Complicated Grief Counseling for those suffering from a suicide loss.

Statewide Hotline

Zero Suicide Initiative: Community Health Network
800-273-8255 (Hotline) 741741 (text “IN”)
Crisis hotline and chatline for psychiatric emergencies in the state of Indiana; trained staff.

National Hotline

National Suicide Prevention Hotline
800-273-8255 (24/7/365)
https://suicidepreventionlifeline.org/
Information, resources, and 24/7 confidential suicide prevention hotline. *En Espanol 741741 (text “help”)
https://www.crisistextline.org/
Chatline for an individual in crisis to confidentially text a crisis counselor.

Addiction Resources

Elkhart County

AA (Alcoholics Anonymous) (Michiana)
574-324-7007 (Hotline)
http://www.michianasober.org/
Michiana Chapter of Alcoholics Anonymous.

Addictions Recovery Center, Inc. (Elkhart and Goshen)
574-807-8690
http://www.arcenters.com/
Outpatient services, assessments, counseling, and education regarding substance abuse.
NA (Narcotics Anonymous) (Michiana)
888-467-3527
http://www.naindiana.org/ShowArea.php?iAreaID_req=12
For those struggling with drug addiction

YWCA North Central
866-YWCA (Hotline)
574-294-1811
http://www.ywcancin.org/
Provides addiction and self-sufficiency services for women and children; shelter available.

St. Joseph County
AA (Alcoholics Anonymous) (Michiana)
574-234-7007 (Hotline)
http://www.michianasober.org/
Michiana Chapter of Alcoholics Anonymous.

Addictions Recovery Center, Inc. (South Bend)
574-807-8690
http://www.arcenters.com/
Outpatient services, assessments, counseling, and education regarding substance abuse.

Al-Anon (Alcoholics-Anonymous) (Michiana)
574-236-5736
https://www.michianaalanon.org/
Support for families, partners, and children of loved ones in AA and/or struggling with addiction.

Alcohol and Addictions Resource Center (South Bend)
574-234-6024
https://aarcinfo.org/
Provides education, services, programs, resources (inpatient, outpatient, meetings, etc.), assessments, and more regarding substance abuse (alcohol and drugs) for the individual as well as family and friends.

Center for Positive Change (South Bend)
574-360-4066
https://www.centerforpositivechange.org/
Individual and group services for substance abuse.

NA (Narcotics Anonymous) (Michiana)
888-467-3527
http://www.naindiana.org/ShowArea.php?iAreaID_req=12
For those struggling with drug addiction
YWCA North Central (South Bend)
866-YES-YWCA (Hotline)
574-294-1811
http://www.ywcancin.org/
Provides addiction and self-sufficiency services for women and children; shelter available.

National
Center on Addiction
212-841-5200
https://www.centeronaddiction.org/
SAMHSA (Substance Abuse and Mental Health Services Administration)
877-726-4727
https://www.samhsa.gov/
Information and resources for a variety of mental health concerns. *En Espanol

Career & Vocational Resources

Elkhart County
Goodwill of Michiana
574-875-5068
https://goodwill-ni.org/programs/
Variety of employment services for individuals of all abilities.

Saint Joseph County
Goodwill of Michiana
574-472-7300
https://goodwill-ni.org/programs/
Variety of employment services for individuals of all abilities.

BDDS (Bureau of Developmental Disability Services)
574-232-1412
https://secure.in.gov/fssa/ddrs/2639.htm
Provides support and programs for clients (and their families) with barriers to employment: vision loss, hearing loss, and physical, developmental, mental, and emotional disabilities. Must qualify for services (such as the Medicaid waiver and services for those who identify on the Autism spectrum).

OVR (Office of Vocational Rehabilitation)
574.232.4861
https://www.in.gov/fssa/ddrs/2759.htm
Employment services, supported employment, assistive technology, transition services, etc.. Long waiting list, often refer-out for services.
Financial and Family Resources

Elkhart County

*Brightpoint (Elkhart)*

800-589-3506  
https://mybrightpoint.org/index.php/get-help/

**COUNTIES SERVED:** ADAMS, ALLEN, DEKALB, ELKHART, GRANT, HUNTINGTON, KOSCIUSKO, LEGRANGE, LAPORTE, NOBLE, SAINT JOSEPH, STUEBEN, WABASH, WELLS, & WHITLEY.

Services for children and youth, family stability, family self-sufficiency, and community investment services, such as child-care vouchers, for under-resourced families and individuals.

*Salvation Army (Elkhart)*

574-970-0088  
http://saelkhart.org/

Services and programs to under resourced families.

*United Way (Elkhart)*

574-295-1650  
https://www.unitedwayec.org/

Educational resources, child care resources, utility assistance, health care options, transportation, financial stability programs, and much more.

Saint Joseph County

*Bridges Out of Poverty (South Bend)*

574-246-0533  
http://www.sjcbridges.org/

Services for all individuals affected by lack of financial resources, including individuals and business/community leaders.

*Brightpoint (South Bend)*

800-589-3506  
https://mybrightpoint.org/index.php/get-help/

**COUNTIES SERVED:** ADAMS, ALLEN, DEKALB, ELKHART, GRANT, HUNTINGTON, KOSCIUSKO, LEGRANGE, LAPORTE, NOBLE, SAINT JOSEPH, STUEBEN, WABASH, WELLS, & WHITLEY.

Services for children and youth, family stability and self-sufficiency, as well as community investment services, such as child-care vouchers, for under-resourced families and individuals.
Real Services (South Bend)
574-233-8205
https://www.realservices.org/_wp/
Information, programs, and services to assist elderly, disabled, individuals, and families with low income. Child care vouchers, utility bill assistance, education supports, gas and transportation assistance, energy efficiency, and much more. *En Espanol

Salvation Army (at the Kroc Center, South Bend)
574-233-9471 ext. 2205
http://www.mykroc.org/family-resources.html
No membership required; ask for Family Resources. Utility assistance, food pantry, and other resources and programs.

St. Margaret’s House (South Bend)
574-234–7795
https://www.stmargaretshouse.org/
A day center welcoming women and children experiencing economic hardship/poverty. They provide meals and offer assistance through programs to address immediate needs. Programs include classes on parenting, steps for success, youth summer programs, as well as emotional health and well-being groups, and access to health services.

Stone Soup Community (South Bend)
574-404-6170
http://stonesoupcommunity.org/
Programs include emergency assistance, healthcare navigation, Getting Ahead which helps clients become more self-sufficient, Team Heat & Staying Connected which helps clients helping to match funds and stay current on utility bills, Crafting Your Best-Self workshops to benefit emotional intelligence and self-esteem, Family Development which offers counseling and case management services, Thrive which facilitates mindful transition to thrive in life from information shared, and Ready for Work which helps with job search and resume building.

St. Vincent de Paul Society of South Bend
574-234-6000
www.svdpsb.org
Programs include rent and utility assistance, clothing vouchers, as well as a food pantry.

United Way (South Bend)
574-232-8201 or 211
http://www.uwsjc.org/
Education, health, child care resources, utility assistance, and financial stability programs and services. *En Espanol
Statewide

Benefits.gov
800-333-4636
https://www.benefits.gov/
Information and resources regarding government health care benefits. *En Espanol

Food Insecurity Resources

Elkhart County

Bristol Community Food Pantry (Bristol)
574-304-7402
https://www.facebook.com/Bristol-Community-Food-Pantry-176562435720163/

Church Community Services (Elkhart)
574-295-3673
https://www.churchcommunityservices.org/foodpantry

Unity Garden at St. David's Episcopal Church
574-264-4039
http://www.stdavidelkhart.org/ministries/unity-garden/
Much like a Community Garden but all produce is available to all people free of charge.

Saint Joseph County

Food Bank of Northern Indiana (South Bend)
574-232-9986
http://www.feedindiana.org/
Information and programs regarding food banks.

Mishawaka Food Pantry
574-220-6213
http://www.feedindiana.org/
Food pantry serving residents living in 46530, 46544, 46545, & 46561 zip codes.

NE Neighborhood Center
574-235-9675
http://www.nrc4neighborhoods.org
Food pantry serving residents of the 46617 zip code, eligible for food once a month.

St. Augustine Parish Soup Kitchen
574-234-6334
https://saintaugustineparish.org/soup-kitchen-1
Kitchen serves those in need every Monday, Wednesday and Friday, 11-12:30. We prepare and offer soup, peanut butter and jelly sandwiches, bread and sweets as available, fruit, seasonal produce and a cold drink.
Titans Feeding Titans Food Pantry
574-520-4256  Fine Arts Building, Rm 111 (Southwest corner)
https://www.facebook.com/titansfeedingtitans114/
Food and personal hygiene items for IUSB students/faculty/staff. Bring your Crimson card.

Unity Gardens
574-315-4361
growunitygardens@yahoo.com
With over 55 gardens of all shapes and sizes they help to feed our communities Stomach & Soul. They offer free gardening classes to teach the community how to grow their own food. They also offer free cooking and preserving classes to show how to cook healthy, and save your harvest.

Housing Insecurity Resources & Shelters
(please also see “Interpersonal Violence” above for rescue shelters.)

Elkhart County
Faith Mission (Elkhart)
574-293-3406 ext. 101 (to check bed availability and ask questions)
https://thefaithmission.org/resident-services
Provides shelter, programs and services for self-sufficiency, free walk-in meals, work opportunities with transportation, and more.

Housing Authority of Elkhart
574-295-8392
ehai.org
Affordable housing assistance to low-income individuals and families.

YWCA (Young Women’s Christian Association) (Elkhart)
866-YES YWCA (24/7 hotline)
Programs and services for women (and their children).

Saint Joseph County
The Center for the Homeless (South Bend)
574-282-8700
http://www.cfh.net/
Provides shelter, health care resources, meals, job training, counseling, child care, self-sufficiency programs and services, transitional and off-site housing, winter weather program, access to showers, and more.
Hope Ministries (South Bend)
574-235-4150
https://www.hopesb.org
Provides shelter, food, health care resources, and other resources and programs to people in the community who are chronically homeless due to mental and/or emotional problems, addiction, and more. Principles of Christianity utilized.

Housing Authority of South Bend
574-235-9346
https://www.hasbonline.com/
Affordable housing assistance to low-income individuals and families.

Our Lady of the Road (South Bend)
574-235-0623 (men’s house)  574-287-7734 (women’s house)
http://southbendcatholicworker.org/
Drop-in center and breakfast at 9:30am: 744 S. Main St., South Bend
Dinner at 6:00pm: 518 S. St. Joseph St., South Bend.
Feed and shelter the homeless. Breakfast, laundry, showers, and more available at their drop-in center. Catholic based charity.

Robert L. Miller Sr. Veteran’s Center
574-968-5349
https://www.cfh.net/mvc
Separate building on the CFH campus and is home to 24 male homeless veterans. Veterans work with VA Liaison and MVC staff to remove barriers to self-sufficiency and have access to addiction treatment, individual and group therapy, clothes and meals. They are given support as they process their PTSD and other medical issues.

Y.S.B. (Youth Service Bureau)
574-235-9231
www.ysbsjc.org
Variety of services for youth and young adults including safe place, stations, & programs.

Statewide

HUD.gov
202-708-1112
https://www.hud.gov/
Information and resources regarding subsidized housing. *En Espanol
Legal Resources

Saint Joseph County

*Indiana Legal Services*
(574) 234-8121

*Notre Dame Legal Aid Clinic (South Bend)*
574-631-7795
https://law.nd.edu/academics/experiential-courses/clinics/
Free, legal counsel and representation to economically disadvantaged individuals in St. Joseph County.

*The Volunteer Lawyer Network (South Bend)*
574-277-0075
https://www.volunteerlawyernetwork.net/

**Counties served:** SAINT JOSEPH, ELKHART, LAPORTE, STARKE, MARSHALL, & KOSCIUSKO.
Free, legal assistance and representation from community lawyers: adoptions, guardianships, divorce, landlord/tenant, consumer/collections, estate law, wills/Power of Attorney/Health Care Directives, contracts, bankruptcy, immigration, real estate, and more for under-resourced individuals.

LGBTQ+ Resources

Elkhart County

*Mosaic Health and Healing Arts, LLC (Goshen)*
574-537-2680
www.mosaichha.org
Open and affirming integrated family medical practice; transgender care.

St. Joseph County

*LGBTQ Center (South Bend)*
574-234-1411
https://www.thelgbtqcenter.org/about-us-2
Provides education, diversity training, lending library, on-site events, community events, support groups, and much more.

*PFLAG (Parents and Friends of Lesbians and Gays) (St. Joseph County Chapter)*
574-277-2684
pflagmichiana.org
Unites people who are lesbian, gay, bisexual, transgender, and queer with families, friends, and allies. Inclusive and supportive group of individuals committed to advancing equality and understanding.
Statewide
*Indiana Transgender Network (supportive resources, including HRT providers)*
  
  http://indianatransgendernetwork.com/
  
  Provides state-wide resources (legal, medical, counseling, etc.), support, advocacy, education, links to allies, and much more. Follow on Facebook, Twitter, & Tumblr.

National
*HRC (Human Rights Campaign)*
  
  202-628-4160
  
  http://www.hrc.org/
  
  Information and resources for LGBTQ members and allies.

*GLAAD (Gay & Lesbian Alliance against Defamation)*
  
  https://www.glaad.org/
  
  LGBTQ acceptance, a dynamic media force, and tackles tough issues to shape the narrative and provoke dialogue that leads to cultural change.

*Transgender Resources, Education, and Enrichment Services (TREES)*
  
  219-331-4665
  
  http://www.webetrees.org/
  
  Services for members of the transgender community.

*Trans Lifeline*
  
  877-565-8860
  
  https://www.translifeline.org

### Medical Resources:

**Mental Health & Local Hospitals**

(for addictions, please see “Addiction Resources” above)

*Grief & Bereavement*

**Elkhart County**

*Ryan’s Place (Goshen)*
  
  574-535-1000
  
  Http://ryansplace.org
  
  Grief and bereavement services for children, teens, and families.
St. Joseph County

Center for Hospice Care (Mishawaka and South Bend)
(574) 277-4100 (Mishawaka)
(574) 243-3100 (South Bend)
https://www.cfhcare.org/
Center for Hospice Care offers a variety of bereavement programs to educate and support people experiencing grief following the loss of someone through death. Bereavement programs are available at no charge to anyone in the agency's service area. No prior relationship with Center for Hospice Care is needed to access our grief and bereavement services.

United Health Services: Suicide Prevention Center (Granger)
574-314-5426
www.SJCSuicidePrevention.org
Support groups for survivors who have lost a loved one to suicide, as well as Complicated Grief Counseling for those suffering from a suicide loss.

National

American Cancer Society
800-227-2345
https://www.cancer.org/
Information, resources, and support for an individual experiencing grief and loss of someone with cancer. *En Espanol

NFDA: Remembering a Life
800-228-6332
http://www.rememberingalife.com/grief
Information and resources for an individual experiencing grief and loss.

Hospitals & Health Centers

Elkhart County

Elkhart General Hospital
(574) 294-2621
https://www.beaconhealthsystem.org/location/elkhart-general-hospital/
Services include both inpatient & outpatient care, urgent care, pediatric and primary physician care.

Heart City Health (Elkhart)
(574)-293-0052
http://www.heartcityhealth.org/
Heart City Health is a 501(c)(3) non-profit Federally Qualified Health Center (FQHC) providing affordable, high quality medical, dental, and behavioral health care to residents of Elkhart County.
Maple City Health Care Center (Goshen)
(574) 534-3300
connect@mchcc.org
Care for people of all ages, nationalities, and income levels, offering health services and counseling for various conditions or issues.

Planned Parenthood (Elkhart)
(574)-294-7561
https://www.plannedparenthood.org/health-center/indiana/elkhart/46516/elkhart-health-center-2756-90500

Vista Community Health Center (Goshen)
(574) 534-0088
connect@mchcc.org
Care for people of all ages, nationalities, and income levels, offering health services and counseling for various conditions or issues.

St. Joseph County
AIDS Ministries/AIDS Assist (South Bend)
574-234-2870
http://www.aidsministries.org/client-services.html
STD Information & testing site, medication management, on-site physician, housing/shelter assistance, financial assistance, substance abuse programs and services, transportation/bus assistance, and much more. AIDS Ministries also offers a food pantry.

Beacon Children’s Hospital Behavioral/Developmental Pediatrics Program
(574) 647-2250
Experienced therapists, nurses and physicians that provide a complete evaluation to determine the treatment plan that maximizes your child’s potential – a comprehensive plan that takes into consideration your child’s physical, emotional and social well-being.

Beacon Memorial Hospital
(574) 647-1000
https://www.beaconhealthsystem.org/location/memorial-hospital/
Services include both inpatient & outpatient care, urgent care, pediatric and primary physician care.

Healthline-Centennial Clinic (South Bend)
1708 High St, South Bend, IN 46613
574-400-4550
https://healthlineche.org/services/
Healthcare services to uninsured individuals and families of St. Joseph County; sliding fee (based on income) available. *En Espanol
Health Center: Sister Maura Brannick, CSC (South Bend)
574-335-8222
Healthcare services to uninsured individuals and families of St. Joseph County.

HealthLinc Community Health Center (Mishawaka)
420 West 4th Street, Mishawaka, In 46544
574-307-7673
https://healthlincchc.org/services/
Healthcare services to uninsured individuals and families of St. Joseph County; sliding fee (based on income) available. *En Espanol

Imani Unidad (South Bend)
http://www.imaniunidadinc.org/
(574) 288-2887
Imani Unidad seeks to help marginalized members of the South Bend and Elkhart communities to improve their social, mental and emotional well-being through counseling, advocacy, and preventative education.

Indiana Health Centers (South Bend)
http://www.indianahealthonline.org/
IHC Community Health Center of Bendix
1010 N. Bendix Drive, South Bend, IN 46628. (574) 245-4980
IHC Michigan Street
765 S. Michigan Street, South Bend, IN 46601. (574) 235-7990
IHC at South Bend
1901 Western Avenue, South Bend, IN 46619. (574) 234-9033
Indiana Health Centers, Inc. is a Federally Qualified Health Center (FQHC) providing medical, dental, and behavioral health care to the medically underserved and uninsured populations of the state. Our facilities throughout Indiana provide primary care on a sliding fee scale to patients of all ages who might not otherwise be able to afford quality healthcare.

IUSB Health & Wellness Center (South Bend)
Vera Z. Dwyer Hall
1960 Northside Blvd., South Bend, IN 46615
574-520-5557
https://healthlincchc.org/services/
Healthcare services to uninsured individuals and families of St. Joseph County; sliding fee (based on income) available. *En Espanol
**Planned Parenthood (Mishawaka)**
574-255-9555
https://www.plannedparenthood.org/health-center/indiana/
Mishawaka/46545/mishawaka-health-center-2758-90500

**St. Joseph Regional Medical Center**
(574) 335-5000
https://www.sjmed.com/mishawaka-medical-center
Services include both inpatient & outpatient care, urgent care, pediatric and primary physician care.

**Women’s Care Center**
http://www.womenscarecenter.org
3530 Lincolnway West, South Bend, IN 46628. (574) 234-0403
360 North Notre Dame Avenue, South Bend, IN 46617. (574) 234-0363
1635 N. Ironwood Drive, South Bend, IN 46635. (574) 273-8986
Women’s Care Center provides free, confidential counseling, support and education to women facing unplanned pregnancies. Free pregnancy testing and ultrasounds help determine viability and dates (prenatal medical care and abortions not provided).

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**Mental Health**

**Elkhart County**

*Oaklawn (Elkhart)*
574-533-1234
https://oaklawn.org/adult-services/
Mental health crisis services, such as suicide prevention and emergency psychiatric services.

**St. Joseph County**

*Memorial Epworth Hospital (South Bend)*
574-647-8400
https://www.beaconhealthsystem.org/locations/epworth-hospital/about-epworth-hospital
Mental health crisis services, such as suicide prevention and emergency psychiatric services.

*NAMI (National Alliance on Mental Illness St. Joseph Chapter)*
574-259-3564
http://namisjc.org/
Support, education, and advocacy for people with mental illness, and their family and friends. Services are free and offered to St. Joseph County residents as well as other counties and states.
Oaklawn (Mishawaka and South Bend)
800-282-0809
https://oaklawn.org/
Our area’s largest mental health and addictions provider; family, individual, and children’s services.

National
NAMI (National Alliance on Mental Illness)
703-524-7600  741741 (text “Nami”) 741741
https://www.nami.org/Find-Support
Information and resources for a variety of mental health concerns. Programs, information about living with a mental illness, resources for families and friends, discussion groups, etc... Something for everyone: teens, adults, all genders, LGBTQ, emergency workers, veterans and active duty, and more.

NEDA (National Eating Disorder Association)
800-931-2237 (Hotline)
741741 (Text “NEDA” to chatline)
https://www.nationaleatingdisorders.org/
Information, resources, and programs for those affected by eating disorders. *En Espanol

Veterans Crisis Line
800-273-8255 (Hotline)  838255 (Text line)
https://www.veteranscrisisline.net/
Information, resources, and crisis intervention for veterans, active duty, and family/friends.

Multi-Cultural Resources

Elkhart County
La Casa de Amistad (Elkhart, Goshen)
574-533-4450
https://lacasainc.net/
They offer a Summer Academy that is free to students from age 10-18. They also offer adult programming like Help-A-House which improves safety and energy-efficiency in homes, Money 4 Life classes to improve financial capabilities, Dream$avers which can help match money for home ownership, higher education, job training, scholarship to Goshen College, small businesses, and home repairs. Lacasa also offers classes and counseling on immigration issues.

Saint Joseph County
Catholic Charities (South Bend)
574-234-3111
http://www.ccfwsb.org/service/preserving-life-dignity#immigration
Immigration and refugee services, including a Hispanic Health Advocate.
Charles Black Community Center (South Bend)
574-235-7712 or 574-235-9446
https://sbvpa.org/places/lasalle-park/charles-black-recreation-center
This community center offers a full-sized gymnasium, community room with kitchen, computer lab, weight room and game room. The center offers daily programs and activities for all ages, including tutoring, computer classes, fitness classes, open recreation, sports, special events and more.

Charles Martin Youth Community Center (South Bend)
574-280-7092
https://sbheritage.org/community/charles-martin-youth-center
The Center is home to the Augustus F. Hawkins Literacy Center, South Bend Friends Meeting, 100 Black Men of Greater South Bend, and the SB Group Violence Initiative.

Colfax Cultural Center (South Bend)
574-968-0817
https://sbheritage.org/colfax-campus/
The Center now houses low-cost studios and galleries for artists, performance space for dancers and actors, workshop space for a church and mosque, offices for several art-related businesses and social service agencies.

Civil Rights Heritage Center (South Bend)
(574) 307-6135
https://clas.iusb.edu/centers/civil-rights/index.html
Explores the civil rights struggles of the past so people can take action in the present and build a better future.

Hispanic Leadership Coalition of South Bend (South Bend)
hispanicleadershipcoalition@gmail.com
To benefit all of Michiana by forming a bridge between the Latino community and the private, public, and civic institutions that serve our society.

Jewish Federation of Saint Joseph Valley (South Bend)
574-233-1164
https://www.thejewishfed.org/
Central resource to embrace, connect, and support Jews locally and globally through social services, coordinated fundraising, community outreach, and educational and recreational programming; food pantry and resources available.

La Casa de Amistad (South Bend)
574-233-2120
http://www.lacasadeamistad.org/services/
Adult programming with classes on English language, English language for Citizenship, computer skills, and digital assistance. Youth development including pre-school through high school after school programs, as well as summer camp programs. Family and social
services including immigration legal services and citizenship classes, food pantry, Team Heat classes, and strengthening family communication classes.

_Pokagon Band of Potawatomi_
(800) 517-0777  
Resources for members of the Pokagon Band, including legal services, job placement, support groups for youth and adults, as well as help with utility bills through the Supplemental Heating Program.

_South Bend Heritage Center_ (South Bend)  
574-289-1066  
[https://sbheritage.org](https://sbheritage.org)
SBH strengthens neighborhoods by creating quality housing, improved health-care options, literacy programs, arts and cultural opportunities, and other private investments that support residents who live in our neighborhoods.

_Sidebar_  
_Indiana Latino Institute_ (Indianapolis)  
317-472-1055  
[http://indianalatinoinstitute.org/](http://indianalatinoinstitute.org/)
Mission is to improve health and advance education for the Indiana Latino community through statewide advocacy, research, and culturally responsive programs.

_NAACP (National Association for the Advancement of Colored People)_ (Indianapolis)  
317-925-5127  
[https://www.indynaacp.org/](https://www.indynaacp.org/)
Oldest, largest and most widely recognized civil rights organization. Ensures political, educational, social, and economic equality of rights for all persons and to eliminate racial hatred and racial discrimination.

_National_  
_ACLU (American Civil Liberties Union)_  
212-549-2500  
[https://www.aclu.org/](https://www.aclu.org/)
Information and resources for individual rights and liberties guaranteed by the US constitution and government.

_National Immigration Justice Center_  
312-660-1370  
Information and resources for all immigrants, refugees, and asylum seekers.
On-Campus Resources

Academic Center for Excellence (ACE)
574-520-5022    Schurz Library, 4th floor
https://students.iusb.edu/academic-success-programs/academic-centers-for-excellence/index.html
Provides tutoring/assistance in writing, math, all the sciences, business, foreign languages, music, public speaking, and more.

Career Services
574-520-4872    Admin. Building Rm 104
https://students.iusb.edu/career-services/students-and-alumni/index.html
From determining a major and a career to seeking internship opportunities and preparing for a job search. Job postings, career assessments, career events, job fairs, and more.

Center for a Sustainable Future
574-520-4429    Wiekamp Hall Rm 2249
csfuture@iusb.edu
Working to combine the campus with the community for a greater good. They focus on the discovery and dissemination of practices and strategies that are ecologically friendly, economically sound, and socially responsible.

Civil Rights Heritage Center
574-307-6135
https://clas.iusb.edu/centers/civil-rights/index.html
Explores the civil rights struggles of the past so people can take action in the present and build a better future.

Community Engagement
(574) 520-4572    2279 Wiekamp Hall
gmcguire@iusb.edu
For more information on community-engaged courses or volunteer opportunities in the community, contact Dr. Gail McGuire, Director of Community Engagement, at gmcguire@iusb.edu or 574 520-4572.

Emergency Relief Fund
https://academics.iusb.edu/titan-success-center/emergency-relief-application.html
Current IUSB students are eligible for up to $300 (one time) yearly for emergency relief including, food, shelter, and economic hardship. Use the link provided to apply using application. Once completed it will notify contact Rachel Cheeseman that it has been completed.
Health and Wellness Center
574-520-5557   Dwyer Hall
https://healthscience.iusb.edu/health-and-wellness-center/index.html
All-inclusive facility with a range of services from vaccinations to birth control advice and STI services. Specialize in care for IUSB students, faculty, staff, and the community. Website provides resources and links.

Institutional Equity and Inclusive Excellence
574-520-5536   Admin. Building, Rm 234
lewhitne@iusb.edu
Campus Title IX office, resources and support for reporting sexual harassment and/or assault, discrimination, and protections under Title IX.

Student Counseling Center
574-520-4125   Admin. Building, Rm 175
https://students.iusb.edu/student-support-services/counseling-center/index.html
Mental Health services for current IU South Bend students.

Titan Success Center
574-520-4689   Admin. Building, Rm 152
https://academics.iusb.edu/titan-success-center/index.html
Helps students navigate and be successful in their first years of college; utilizes “Success Coaches”.

Titans Feeding Titans Food Pantry
574-520-4256   Fine Arts Building, Rm 111 (Southwest corner)
https://www.facebook.com/titansfeedingtitans114/
Food and personal hygiene items for IUSB students/faculty/staff. Bring your Crimson card.

Office of Disability Support Services
574-524-4460   Admin. Building, Rms 167-170
https://students.iusb.edu/student-support-services/disability-support-services/index.html
Information and services for prospective and current IU South Bend students with a variety of disabilities.

Office of Veteran Student Services
574-520-4115   Admin. Building, Rm 101
https://students.iusb.edu/student-support-services/veteran-services/index.html
Information, services, and programs for prospective or current IUSB veterans and active duty.
Transportation Resources

Elkhart County
Interurban Trolley
574-674-8894
http://interurbantrolley.com/
Affordable transportation for the community; does link with Transpo (South Bend).
Discounted ride fare for students and others.

Saint Joseph County
Transpo: South Bend Public Transportation Corp. (South Bend, Mishawaka)
574-233-2131
http://sbtranspo.com/
Free bus rides for IUSB students, faculty, and staff to and from campus with a valid university ID; affordable transportation for all community members. Does link with Interurban Trolley (Elkhart).